

75m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
9.2	Al-Romaithi	Sarah	01/04/2018	Portsmouth	W35	

75m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
10.4	Smith	Betti	17/06/2018	Bournemouth	U13G	
10.6			21/07/2018	Worthing		
12.7	Sproul	Pippa	07/04/2018	Portsmouth	U11G	
15.0	Bream	Carla	07/04/2018	Portsmouth	U11G	
15.8			07/05/2018	Portsmouth		
16.1			25/03/2018	Bournemouth		
15.4	Holdway	Layla	07/04/2018	Portsmouth	U11G	
15.7	Hankin	Jennifer	07/04/2018	Portsmouth	U11G	
16.2			25/03/2018	Bournemouth		
16.3			07/05/2018	Portsmouth		

80m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
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100m - Female

Time	Surname	First Name	Date	Venue	Age Group
12.5	Lovell	Elise	20/05/2018	Horsham	SW
13.2	Dale	Ruby	07/04/2018	Portsmouth	U17W
13.25			09/06/2018	Basingstoke	
13.26			09/06/2018	Basingstoke	
13.4			14/04/2018	Swindon	
13.4			14/07/2018	Swindon	
13.4			18/08/2018	Brighton	
13.6	Reynolds	Alice	20/05/2018	Horsham	SW
13.8	Smith	Betti	07/04/2018	Portsmouth	U13G
14.04			12/05/2018	Portsmouth	
14.1			15/09/2018	Portsmouth	
14.23			12/05/2018	Portsmouth	
14.28			12/05/2018	Portsmouth	
14.3			25/03/2018	Bournemouth	
13.8	Rees-Frometa	Amanda	07/04/2018	Portsmouth	U17W
13.8			23/06/2018	Winchester	
14.2			25/06/2018	Basingstoke	
14.3			14/07/2018	Swindon	
14.6			14/04/2018	Swindon	
14.2	Al-Romaihi	Sarah	23/06/2018	Winchester	W35
14.2			15/09/2018	Portsmouth	
14.3			18/08/2018	Brighton	
14.4			07/04/2018	Portsmouth	
14.6			05/05/2018	Portsmouth	
14.7			14/04/2018	Swindon	
14.3	Wilson	Beth	07/04/2018	Portsmouth	U20W
15.7	Moore	Matilda	07/04/2018	Portsmouth	U17W
16.1	Sherrell	Beth	07/04/2018	Portsmouth	U20W
16.7	Moore	Harriet	19/05/2018	Winchester	U15G
16.8			07/04/2018	Portsmouth	
16.8			17/06/2018	Bournemouth	

100m - Female

Time	Surname	First Name	Date	Venue	Age Group
17.0	Abel	Dee	06/05/2018	Portsmouth	W50
17.8	Sherrell	Talia	07/04/2018	Portsmouth	U15G
19.4	Byrne	Di	25/06/2018	Basingstoke	W50
21.7	Strode	Chris	25/06/2018	Basingstoke	W60

100m - Female

Time	Surname	First Name	Date	Venue	Age Group
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150m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
20.9	Smith	Betti	17/06/2018	Bournemouth	U13G	
21.2			21/07/2018	Worthing		
22.9	Al-Romaithi	Sarah	01/04/2018	Portsmouth	W35	

200m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
24.99	Lovell	Elise	27/04/2018	Florence	SW	
27.4	Reynolds	Alice	20/05/2018	Horsham	SW	
28.1			23/06/2018	Winchester		
28.2			13/05/2018	Portsmouth		
28.6			18/08/2018	Brighton		
27.8	Dale	Ruby	14/04/2018	Swindon	U17W	
28.4			14/07/2018	Swindon		
28.6			18/08/2018	Brighton		
29.8	Rees-Frometa	Amanda	23/06/2018	Winchester	U17W	
29.9			14/04/2018	Swindon		
30.3			14/07/2018	Swindon		
30.5			09/07/2018	Aldershot		
29.8	Al-Romaithi	Sarah	15/09/2018	Portsmouth	W35	
30.4	Wilson	Beth	20/04/2018	Horsham	U20W	
35.2	Rigott	Anice	19/05/2018	Winchester	U15G	
37.4	Turner	Nicki	09/07/2018	Aldershot	W45	
41.9	Row	Cath	21/05/2018	Winchester	W50	
48.3			09/07/2018	Aldershot		
48.2	Strode	Chris	09/07/2018	Aldershot	W60	
51.5	Crocker	Marilyn	21/05/2018	Winchester	W70	

300m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
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400m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
62.3	Reynolds	Alice	12/05/2018	Portsmouth	SW	
64.2			14/04/2018	Swindon		
66.5			14/07/2018	Swindon		
66.6	Bearpark	Corin	18/08/2018	Brighton	SW	
68.9			23/06/2018	Winchester		
69.2	Wilson	Beth	20/05/2018	Horsham	U20W	
71.4			14/04/2018	Swindon		
72.8	Al-Romaihi	Sarah	18/08/2018	Brighton	W35	
73.3			25/06/2018	Basingstoke		
73.8	Moore	Matilda	14/07/2018	Swindon	U17W	
74.9	Whiting	Lucy	23/06/2018	Winchester	U20W	
78.3	Steward	Liz	25/06/2018	Basingstoke	W35	
91.2	Row	Cath	25/06/2018	Basingstoke	W50	
93.9	Spencer	Vicki	20/05/2018	Horsham	W50	
120.5	Crocker	Marilyn	25/06/2018	Basingstoke	W70	

600m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
02:09.7	Sproul	Pippa	07/04/2018	Portsmouth	U11G	
02:36.5	Hankin	Jennifer	07/04/2018	Portsmouth	U11G	
02:43.0			25/03/2018	Bournemouth		
02:43.1			07/05/2018	Portsmouth		
02:53.9	Bream	Carla	07/04/2018	Portsmouth	U11G	
02:56.0			25/03/2018	Bournemouth		
02:57.7			07/05/2018	Portsmouth		
03:07.2	Holdway	Layla	07/04/2018	Portsmouth	U11G	

800m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
2:20.81	Lovell	Elise	28/04/2018	Florence	SW	
2:22.06			07/01/2018	Sheffield	SW	Indoor
2:28.80	Bream	Amy	18/07/2018	Basingstoke	SW	
2:30.6	Bearpark	Corin	18/08/2018	Brighton	SW	
2:39.6			23/06/2018	Winchester		
2:36.1	Faull	Amber	14/04/2018	Swindon	U17W	
2:40.8			20/05/2018	Horsham		
2:45.8			14/07/2018	Swindon		
2:38.4	Wilson	Beth	20/05/2018	Horsham	U20W	
2:38.9			14/04/2018	Swindon		
2:42.56			13/05/2018	Portsmouth		
2:47.1			07/04/2018	Portsmouth		
2:46.1	Robertson	Chloe	19/05/2018	Winchester	U15G	
2:48.3	Jolliffe	Jodie	23/06/2018	Winchester	U17W	
2:52.5			18/08/2018	Brighton		
2:57.8	Sherrell	Beth	07/04/2018	Portsmouth	U20W	
3:09.9			14/07/2018	Swindon		
2:58.4	Moore	Matlida	07/04/2018	Portsmouth	U17W	
3:09.2	Rees-Frometa	Amanda	07/04/2018	Portsmouth	U17W	
3:12.0	Dale	Ruby	07/04/2018	Portsmouth	U17W	
3:21.9	Turner	Nicki	09/07/2018	Aldershot	W45	
3:25.0	Smith	Betti	07/04/2018	Portsmouth	U13G	
3:25.1	Moore	Harriet	07/04/2018	Portsmouth	U15G	
3:42.6	Spencer	Vicki	09/07/2018	Aldershot	W50	
3:53.0	Sherrell	Talia	07/04/2018	Portsmouth	U15G	
4:17.3	Crocker	Marilyn	21/05/2018	Winchester	W70	
4:30.9			09/07/2018	Aldershot		

1500m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
05:14.2	Faull	Amber	14/07/2018	Swindon	U17W	
05:18.9			23/06/2018	Winchester		
5:19.3			14/04/2018	Swindon		
5:24.67			09/06/2018	Basingstoke		
5:30.8			18/08/2018	Brighton		
5:31.9			20/05/2018	Horsham		
5:47.9	Moore	Matilda	14/07/2018	Swindon	U17W	
5:57.2			18/08/2018	Brighton		
6:01.2			23/06/2018	Winchester		
5:50.4	Bacon	Justine	05/05/2018	Portsmouth	W45	
5:53.6	Steward	Liz	25/06/2018	Basingstoke	W35	
6:14.8	Sherrell	Beth	14/04/2018	Swindon	U20W	
6:23.9	Byrne	Di	25/06/2018	Basingstoke	W50	

1 Mile - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
5:41.7	Bream	Amy	01/09/2018	Southampton	SW	
5:55.4	Bearpark	Corin	01/09/2018	Southampton	SW	

3000m - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
12:18.7	Bream	Amy	23/06/2018	Winchester	SW	
14:01.1			14/04/2018	Swindon		
12:58.31	Sherrell	Beth	13/05/2018	Portsmouth	U20W	
13:00.1			18/08/2018	Brighton		
13:13.9			14/04/2018	Swindon		
13:23.9			23/06/2018	Winchester		
13:27.9	Byrne	Di	21/05/2018	Winchester	W50	
17:42.0	Crocker	Marilyn	21/05/2018	Winchester	W70	

5000m Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
24:20.2	Sherrell	Beth	14/07/2018	Swindon	U20W	

60mH - Female

Time	Surname	First Name	Date	Venue	Age Group
8.64i	Lovell	Elise	07/01/2017	Sheffield	SW
8.75i			17/02/2018	Birmingham	

100mH - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
14.11	Lovell	Elise	30/06/2018	Birmingham	SW	
14.24			27/04/2018	Florence		
14.25			26/05/2018	Bedford		
14.5			20/05/2018	Horsham		
14.40			24/06/2018	Chelmsford		
14.80			14/07/2018	Swindon		
14.90			18/08/2018	Brighton		
18.8	Greenwood	Hayley	14/04/2018	Swindon	SW	
19.3			23/06/2018	Winchester		
19.3			18/08/2018	Brighton		
19.8			14/07/2018	Swindon		

400m Hurdles - Female

Time	Surname	First Name	Date	Venue	Age Group
75.8	Bream	Amy	14/07/2018	Swindon	SW
77.5			23/06/2018	Winchester	
78.8			18/08/2018	Brighton	
80.1			14/04/2018	Swindon	
80.6			20/05/22018	Horsham	
78.5	Greenwood	Hayley	23/06/2018	Winchester	SW
79.1			14/04/2018	Swindon	
80.0			20/05/2018	Horsham	
81.8			18/08/2018	Brighton	
84.8			14/07/2018	Swindon	

1500m Steeplechase - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
05:34.8	Bream	Amy	14/07/2018	Swindon	SW	
5:42.4			20/05/2018	Horsham		
5:47.71			12/05/2018	Portsmouth		

2000m Steeplechase - Female

Time	Surname	First Name	Date	Venue	Age Group	Comments
07:46:22	Bream	Amy	24/06/2018	Chelmsford	SW	
07:56.7			18/08/2018	Brighton		

2000m Walk - Female

Time	Surname	First Name	Date	Venue	Age Group
13:50.1	Row	Cath	09/07/2018	Aldershot	W50
14:54.9	Spencer	Vicki	05/05/2018	Portsmouth	W50
16:12.5	Byrne	Di	09/07/2018	Aldershot	W50

Discus - Female

Distance	Surname	First Name	Date	Venue	Age Group	Comments
30.61	Temple	Katy	23/06/2018	Winchester	W35	
22.25	Fitzpatrick	Sophie	14/07/2018	Swindon	SW	
21.71			16/09/2018	Portsmouth		
20.93			18/08/2018	Brighton		
19.90			23/06/2018	Winchester		
18.79			20/05/2018	Horsham		
20/96	Strode	Chris	09/07/2018	Aldershot	W60	
18.45			21/05/2018	Winchester		
19.23	Reynolds	Alice	14/04/2018	Swindon	SW	
16.97	Andrews	Kelly	14/07/2018	Swindon	W35	
15.10			18/08/2018	Brighton		
14.93			20/05/2018	Horsham		
13.71	Row	Cath	21/05/2018	Winchester	W35	
12.51			09/07/2018	Aldershot		
11.10	Riggott	Anice	21/07/2018	Worthing	U15G	
9.68	Al-Romaihi	Sarah	14/04/2018	Swindon	W35	

Javelin - Female

Distance	Surname	First Name	Date	Venue	Age Group	Comments
42.87	Temple	Katy	18/08/2018	Brighton	W35	
42.64			23/06/2018	Winchester		
39.35			14/07/2018	Swindon		
39.31			18/07/2018	Basingstoke		
34.87	Lovell	Elise	08/07/2018	Crawley	SW	
34.56			28/04/2018	Florence		
32.11			14/07/2018	Swindon		
28.68			18/08/2018	Brighton		
19.75	Greenwood	Hayley	14/04/2018	Swindon	SW	
18.64			20/05/2018	Horsham		
13.00			23/06/2018	Winchester		
15.01	Spencer	Vicki	20/05/2018	Horsham	W50	600g
14.18			25/06/2018	Basingstoke		
11.37	Strode	Chris	05/05/2018	Portsmouth	W60	500g
10.18			25/06/2018	Basingstoke		
9.45	Rigott	Anice	21/07/2018	Worthing	U15G	
7.46	Al-Romaihi	Sarah	14/04/2018	Swindon	W35	
6.41	Crocker	Marilyn	25/06/2018	Basingstoke	W570	500g

Shot - Female

Distance	Surname	First Name	Date	Venue	Age Group	Comments
10.09	Lovell	Elise	27/04/2018	Florence	SW	
10.01			20/05/2018	Horsham		
9.86			26/05/2018	Bedford		
9.54			07/01/2018	Sheffield	SW	Indoor
7.73	Reynolds	Alice	18/08/2018	Brighton	SW	
7.53			23/06/2018	Winchester		
7.53			14/07/2018	Swindon		
7.43			20/05/2018	Horsham		
7.24			14/04/2018	Swindon		
7.10	Rigott	Annice	21/07/2018	Worthing	U15G	
4.16			19/05/2018	Winchester		
6.53	Fitzpatrick	Sophie	23/06/2018	Winchester	SW	
6.09			16/09/2018	Portsmouth		
6.05			14/07/2018	Swindon		
5.72			18/08/2018	Brighton		
6.49	Dale	Ruby	07/04/2018	Portsmouth	U17W	
6.46	Moore	Matlida	07/04/2018	Portsmouth	U17W	
6.00	Rees-Frometa	Amanda	07/04/2018	Portsmouth	U17W	
5.65	Row	Cath	21/05/2018	Winchester	W50	4k
5.62	Strode	Chris	09/07/2018	Aldershot	W60	3k
5.38			21/05/2018	Winchester		3k
5.39	Spencer	Vicki	09/07/2018	Aldershot	W50	4k
5.17	Wilson	Beth	07/04/2018	Portsmouth	U20W	
5.07	Al-Romaithi	Sarah	07/04/2018	Portsmouth	W35	
4.65	Moore	Harriet	17/06/2018	Bournemouth	U15G	
3.74			07/04/2018	Portsmouth		
3.63			19/05/2018	Winchester		
4.49	Bream	Amy	14/04/2018	Swindon	SW	
4.10	Sherrell	Beth	07/04/2018	Portsmouth	U20W	
4.08	Crocker	Marilyn	21/05/2018	Winchester	W70	3k
3.68	Smith	Betti	07/04/2018	Portsmouth	U13G	
3.60	Sherrell	Talia	07/04/2018	Portsmouth	U15G	

Hammer - Female

Distance	Surname	First Name	Date	Venue	Age Group	Comments
31.34	Andrews	Kelly	20/05/2018	Horsham	W35	
31.21			14/07/2018	Swindon		
27.25			18/08/2018	Brighton		
25.55	Fitzpatrick	Sophie	14/07/2018	Swindon	SW	
25.46			23/06/2018	Winchester		
25.3			16/09/2018	Portsmouth		
24.77			18/08/2018	Brighton		
21.92			20/05/22018	Horsham		
24.77	Strode	Chris	05/05/2018	Portsmouth	W60	3k
24.75			25/06/2018	Basingstoke		
21.78	Reynolds	Alice	14/04/2018	Swindon	SW	
10.87	Spencer	Vicki	25/06/2018	Basingstoke	W50	4k
10.48	Al-Romaithi	Sarah	14/04/2018	Swindon	W35	
8.93	Curnow	Karen	05/05/2018	Portsmouth	W50	

Long Jump - Female

Distance	Surname	First Name	Date	Venue	Age Group	Comments
6.08	Lovell	Elise	14/01/2018	Lee Valley	SW	Indoor
6.00			28/04/2018	Florence		
5.98			17/02/2018	Birmingham		Indoor
5.92			14/07/2018	Swindon		
5.85			07/01/2018	Sheffield		Indoor
5.85			20/05/2018	Horsham		
5.85			01/07/2018	Birmingham		
5.79			24/06/2018	Chelmsford		
5.5			18/08/2018	Brighton		
4.41	Rees-Frometa	Amanda	14/04/2018	Swindon	U17W	
4.38			23/06/2018	Winchester		
4.36			14/07/2018	Swindon		
4.33			07/04/2018	Portsmouth		
4.38	Dale	Ruby	07/04/2018	Portsmouth	U17W	
3.61	Al-Romaihi	Sarah	07/04/2018	Portsmouth	W35	
3.49	Moore	Matlida	07/04/2018	Portsmouth	U17W	
3.49	Wilson	Beth	07/04/2018	Portsmouth	U20W	
3.40	Sproul	Pippa	07/04/2018	Portsmouth	U11G	
3.38	Sherrell	Isobel	14/04/2018	Swindon	U17W	
3.21			23/06/2018	Winchester		
2.61			18/08/2018	Brighton		
3.21	Smith	Betti	25/03/2018	Bournemouth	U13G	
3.16			17/06/2018	Bournemouth		
3.09			07/04/2018	Portsmouth		
3.06			15/09/2018	Portsmouth		
2.74			21/07/2018	Worthing		
3.01	Sherrell	Beth	07/04/2018	Portsmouth	U20W	
2.84	Moore	Harriet	07/04/2018	Portsmouth	U15G	
2.78			17/06/2018	Bournemouth		
2.61			19/05/2018	Winchester		
2.52	Crocker	Marilyn	09/07/2018	Aldershot	W70	
2.27			21/05/2018	Winchester		
2.39	Sherrell	Talia	07/04/2018	Portsmouth	U15G	
2.34	Row	Cath	09/07/2018	Aldershot	W50	
2.19	Hankin	Jennifer	07/04/2018	Portsmouth	U11G	
2.03			07/05/2018	Portsmouth		
1.64			25/03/2018	Bournemouth		
2.13	Holdway	Layla	07/04/2018	Portsmouth	U11G	
2.02	Bream	Carla	07/04/2018	Portsmouth	U11G	
1.84			07/05/2018	Portsmouth		
1.77			25/03/2018	Bournemouth		
1.56	Byrne	Di	09/07/2018	Aldershot	W50	

Triple Jump - Female

Distance	Surname	First Name	Date	Venue	Age Group
10.91	Lovell	Elise	18/08/2018	Brighton	SW
4.77	Crocker	Marilyn	25/06/2018	Basingstoke	W70
4.36	Byrne	Di	05/05/2018	Portsmouth	W50

High Jump - Female

Height	Surname	First Name	Date	Venue	Age Group	Comments
1.66	Lovell	Elise	27/04/2018	Florence	SW	
1.65			07/01/2018	Sheffield		Indoor
1.56			26/05/2018	Bedford		
1.43	Dale	Ruby	14/07/2018	Swindon	U17W	
1.40			18/08/2018	Brighton		
1.35			14/04/2018	Swindon		
1.25	Rigott	Anice	19/05/2018	Winchester	U15G	
1.25	Sherrell	Isobel	14/07/2018	Swindon	U17W	
1.20			18/08/2018	Brighton		
1.20	Greenwood	Hayley	20/05/2018	Horsham	SW	
1.15			14/04/2018	Swindon		
1.05	Row	Cath	25/06/2018	Basingstoke	W50	
0.85	Crocker	Marilyn	25/06/2018	Basingstoke	W70	

Pole Vault - Female

Height	Surname	First Name	Date	Venue	Age Group
2.05	Andrews	Kelly	20/05/2018	Horsham	W35
2.00			14/07/2018	Swindon	
2.00			18/08/2018	Brighton	

Pentathlon - Female

Points	Surname	First Name	Date	Venue	Age Group	Comments
3881	Lovell	Elise	07/01/2018	Sheffield	SW	Indoor

Pentathlon - Female

Points	Surname	First Name	Date	Venue	Age Group	Comments
5400	Lovell	Elise	28/04/2018	Florence	SW	