

PB Corner August/September 2018

This years challenge is to beat the 2017 total of 440 Personal Best performances. August/September showed 22 PBs and 4 Club Records, that makes a total of 265 PBs and 42 Club Records this year well done to the following:

100m

13.4 Brooklyn Brown U17M Brighton 18/08/2018 ***PB by 0.6s***

400m

72.8 Sarah Al Romaithi W35 Brighton 18/08/2018 *PB by 0.5s*

1500m

4:17.79 Craig Berryman SM Crawley 26/08/2018 *PB by 0.71s*

3000m

9:27.1 Craig Berryman SM Portsmouth 15/09/2018 *PB by 17s*

12:21.9 Joe Wiggins U17M Portsmouth 15/09/2018 *PB first time at this event*

400m Hurdles

69.2 Steve Squires M35 Brighton 18/08/2018 *PB first time at this event*

2000m Steeplechase

6:57.4 Simon Gill M40 Brighton 18/08/2018 *PB first time at this distance and Simon broke Steve Gallaway's 1998 M40 Club Record by 14s*

Long Jump

4.37 Brooklyn Brown U17M Brighton 18/08/2018 ***PB by 1.01m***

Triple Jump

10.19 Elise Lovell SW Brighton 18/08/2018 *PB first time at this event*

6.11 David Evans M35 Brighton 18/08/2018 *PB by 20cm*

Shot

9.42 Alex Fitzpatrick SM Brighton 18/08/2018 ***PB by 2.04m***

Hammer

21.70 Josh Kelly SM Brighton 18/08/2018 *PB by 65cm*

5K Park Run

28:30 Daniel Mills U13B Portsmouth 11/08/2018 *PB first time at this event*

36:50 Benjamin Mills U11B Portsmouth 11/08/2018 *PB first time at this event*

22:00 Benjamin Barron U15B Portsmouth 18/08/2018 *PB by 40s*

27:59 Noah Burr U11B Havant 18/08/2018 *PB by 1m 42s*

22:34 Alfie Moth U15B Havant 08/09/2018 *PB first time at this event*

35:47 Benjamin Mills U11B Portsmouth 08/09/2018 *PB by 63s*

20:50 Alfie Moth U15B Havant 15/09/2018 ***PB by 1m 54s***

5K Road

21:38 Edward Burr U3B Portsmouth 29/08.2018 *PB first time at this event*

22:53 Harriet Burr U13G Portsmouth 29/08/2018 *PB first time at this event*

26:03 Sarah Burr W40 Portsmouth 29/08/2018 *PB first time at this event*

GRADED PERFORMANCES

Grade 1

6 Elise Lovell
2 Callum Taylor
2 Katy Temple
1 Betti Smith

Grade 2

10 Callum Taylor
8 Elise Lovell
3 Betti Smith
2 Katy Temple
1 Josh Kelly

Grade 3

15 Callum Taylor
7 Josh Kelly
5 Elise Lovell
3 James Kelly
3 Betti Smith
1 Matt Gordon
1 Amy Bream

Grade 4 (U13/U15/U17 only)

12 Callum Taylor
3 Betti Smith
2 Ewan Maxwell
1 James Kelly

PBs in 2018

18 Callum Taylor
11 Kieran Flynn
10 Joe Wiggins
9 Betti Smith
7 James Kelly
7 Sophie Fitzpatrick
6 Jennifer Hankin
6 Ewan Maxwell
6 Ashley Byrne
6 John Bream
6 Matilda Moore
6 Annice Riggott
6 Daniel Mills
6 Elise Lovell
6 Brooklyn Brown
5 Carla Bream
5 Ben Primrose
5 Harriet Moore
4 Neil Woolmer
4 Talia Sherrell
4 Wilfred Moore
4 Jodie Jolliffe

4 Amber Faulf
4 Harry Hooper
4 Onjoro Sumba
4 Sarah Al-Romaithi
4 Simon Gill
3 Maxromeo Baah-Owusu
3 Henry Woolmer
3 Layla Holdway
3 Dan Bray
3 Joshua Cooke
3 Kieran Robinson
3 James Keegan
3 Alfie Jay
3 Beth Wilson
3 Andrew Proctor
3 Alex Fitzpatrick
3 Josh Kelly
3 Craig Berryman
2 Rhys Banville
2 Pippa Sproul
2 Ruby Dale
2 Amanda Rees-Frometa
2 Sarah Al-Romaithi
2 Ella Collis
2 Matt Gordon
2 Neil Fitzpatrick
2 Oliver Byrne
2 Roger Jones
2 John Collis
2 Alex Smart
2 Mason Farrington
2 Richard Turner
2 Nicki Turner
2 Noah Burr
2 Eddie Burr
2 Andy Hall
2 Benjamin Mills
2 Alfie Moth
1 Kathryn Simpson
1 Aaron Howard
1 Sam Farrugia
1 Jon Plomer
1 Chloe Robertson
1 Jon Plomer

1 Paul Hillyard
1 Greg Roulston
1 Paul Mitchinson
1 Pete Spencer
1 Graham Foden
1 Preston Lewis
1 Benjamin Barron
1 Steve Squires
1 David Evans
1 Harriet Burr
1 Sarah Burr