

PB Corner January to March 2018

This years challenge is to beat the 2017 total of 440 Personal Best performances. January to March showed 21 PBs and 8 Club Records, well done to the following:

75m

13.4 Rhys Banville U11B Bournemouth 25/03/2018 *PB by 0.2s*
16.1 Carla Bream U11G Bournemouth 25/03/2017 *PB by 0.4s*
16.2 Jennifer Hankin U11G Bournemouth 25/03/2018 *PB first time at this event*

100m

14.3 Betti Smith U13G Bournemouth 25/03/2018 *PB first time at this event G4*

600m

2:43.0 Jennifer Hankin U11G Bournemouth 25/03/2018 *PB first time at this event*
2:56.0 Carla Bream U11G Bournemouth 25/03/2018 *PB by 5.8s*

800m Indoor

2:22.06 Elise Lovell SW Sheffield 07/01/2018 *PB by 0.09s*

High Jump Indoor

1.65 Elise Lovell SW Sheffield 07/01/2018 *PB by 1cm*

Long Jump Indoor

6.08 Elise Lovell SW Lee Valley 14/01/2018 ***PB by 13cm, Elise improved her own CR by the same amount***

Long Jump

3.21 Betti Smith U13G Bournemouth 25/03/2018 *PB first time at this event*
2.73 Rhys Banville U11B Bournemouth 25/03/2018 *PB by 65cm*
1.64 Jennifer Hankin U11G Bournemouth 25/03/2018 *PB first time at this event*

Shot Indoor

13.15 Josh Kelly SM Lee Valley 14/01/2018 ***PB by 1.23m, Josh broke Rene Rogers 2003 CR by the same amount***

Shot

9.09 Callum Taylor U15B Swindon 20/01/2018 *PB by 36cm*

Discus

31.28 Callum Taylor U15B Bournemouth 25/03/2018 ***PB, Callum smashed his previous PB by 4.17m G3***

Javelin

40.00 Callum Taylor U15B Bournemouth 25/03/2018 ***PB, Callum smashed his previous PB and his own CR by 99m G3***

5K Park Run

21:43 Kathryn Simpson U20W Southampton 03/02/2018 *PB first time at this event*
35:15 Ella Collis U11G Whiteley 31/03/2018 *PB by 45s*

Chichester Corporate Challenge

17:37 Joe Wiggins U17M Chichester 21/02/2018 *PB first time at this event*
13:46 Matt Gordon SM Chichester 07/03/2017 *PB by 6s*
17:29 Joe Wiggins U17M Chichester 21/03/2018 *PB by 7s*

GRADED PERFORMANCES

Grade 1

Grade 2

Grade 3

2 Callum Taylor

Grade 4 (U13/U15/U17 only)

6 Callum Taylor

1 Betti Smith

PBs in 2018

3 Elise Lovell

3 Jennifer Hankin

3 Callum Taylor

2 Joe Wiggins

2 Rhys Banville

2 Carla Bream

2 Betti Smith

1 Josh Kelly

1 Kathryn Simpson

1 Matt Gordon

1 Ella Collis