

## **PB Corner October to December 2017**

The 2017 challenge was to beat the 2016 total of 612 Personal Best performances. We fell short of this target but it will make the 2018 target more achievable. October to December showed 11 PBs and 1 Club Record, that makes a grand total of 440 PBs and 47 Club Records this year - well done to the following:

### **5K Park Run**

23:35 Megan Newton U20W Lee on the Solent 14/10/2017 *PB by 46s*

20:41 Anthony Burr M40 Bushy 28/10/2017 *PB by 1s*

20:44 Dale Western M45 Havant 18/11/2017 *PB by 22s*

23:38 Joe Jolliffe U11B Havant 18/11/2017 ***PB by 2m 14s***

22:40 Benjamin Barron U15B Portsmouth 30/12/2017 *PB by 1s*

### **5 Mile Road**

26:17 Matt Gordon SM Portsmouth 03/12/2017 ***PB by 43s***

### **10 Mile Road**

69:27 Joel Williams U20M Portsmouth 22/10/2017 *PB first time at this event*

72:13 Anthony Burr SM Portsmouth 22/10/2017 *PB first time at this event*

74:53 Neil Eames M50 Portsmouth 22/10/2017 *PB first time at this event*

80:10 Katrine Hedges W45 Portsmouth 22/10/2017 *PB first time at this event*

91:25 Sarah Burr SW Portsmouth 22/10/2017 *PB by 14s*

### **GRADED PERFORMANCES**

#### **Grade 1**

#### **Grade 2**

1 Josh Kelly

#### **Grade 3**

9 Josh Kelly

4 Callum Taylor

2 Matt Gordon

2 Ruby Dale

1 Corin Bearpark

1 Emily Dunkley

1 Wallis Canning

1 Ewan Maxwell

#### **Grade 4 (U13/U15/U17 only)**

14 Callum Taylor

9 Emily Dunkley

7 Ruby Dale

3 Ewan Maxwell

2 Samuel Thompson

1 Amanda Rees-Frometa

1 Grace Anstey

1 Brooke Turner

#### **PBs in 2017**

16 Manuel Diaz Brito

15 Joseph Wiggins

15 James Kelly

13 Callum Taylor

12 Oliver Byrne

11 David Evans

11 Kieran Flynn

10 Ellie Dominy

10 Rhys Fitzgerald

10 Grace Anstey

10 Josh Kelly

8 Mark Byrne

8 Ben Primrose

8 Matilda Moore

7 Emily Dunkley

7 Isy Roberts

7 Ewan Maxwell

7 Layla Powis

6 Luke Briggs

6 Oliver Young

6 Shai Pavey

6 Wilfred Moore

6 Eleanor Duggan

6 Ruby Dale

6 Joel Williams

5 Emily Hedges

5 Elizabeth Prinsep

5 Amelia Young

5 Ashley Byrne  
5 Harriet Moore  
4 Daisy Dunsmore  
4 Lucy Saunders  
4 Scarlett Patton  
4 Maddie Duggan  
4 Adam Hedges  
4 Dean Pocock  
4 Brooklyn Brown  
4 Henry Amoni  
4 Amanda Rees-Frometa  
4 Emma McQuiston  
4 Owen McQuiston  
4 Samuel Thompson  
4 Brooke Turner  
4 John Bream  
4 Reuben Duggan  
4 Neil Eames  
4 Katrine Hedges  
3 Mark Temple  
3 Tom Hunter  
3 Tyler Stephenson  
3 Rhys Banville  
3 Edward Hedges  
3 Billy Chapman  
3 Freya Farrow  
3 Heidi Woolmer  
3 Madeline Codling  
3 Alice Rorke  
3 Claire Thompson  
3 Michelle Byrne  
3 Evie Cassap  
3 Beth Sherrell  
3 Harriet Burr  
3 Lee Mawson  
3 Samuel Farrugia  
3 Megan Newton  
3 Anthony Burr  
3 Matt Gordon  
2 Izabelle Cassap  
2 Johnny Farrow  
2 Ella Thompson  
2 Carla Bream  
2 Charlie Amoni

2 Amanda Godfrey  
2 Steve Squires  
2 Vicki Spencer  
2 Di Byrne  
2 Betti Smith  
2 Onjuro Sumba  
2 Dave Symmonds  
2 George Keegan  
2 Benjamin Barron  
1 Frank Blackwell  
1 Annika Loh  
1 Kathryn Simpson  
1 Matthew Hammond  
1 Tom Pocock  
1 Priya Smith  
1 Amelia Young  
1 Sue Dewar  
1 Lauren Mitchinson  
1 Alice Reynolds  
1 Kelly Andrews  
1 Nathan Winter-Page  
1 Mike Harper  
1 Paul Hillyard  
1 Ophelia Matthias  
1 Justine Bacon  
1 Elizabeth Steward  
1 Wallis Canning  
1 Malcolm Lavery  
1 Jon Plomer  
1 Joy Wright  
1 Justine Bacon  
1 Alex Fitzpatrick  
1 Harry Hooper  
1 Robbie Moore  
1 Sarah Burr  
1 Dale Western  
1 Joe Jolliffe