

PB Corner August to September 2017

This years challenge is to beat the 2016 total of 612 Personal Best performances. August to September showed 46 PBs and 5 Club Records, that makes a grand total of 429 PBs and 46 Club Records this year - well done to the following:

75m

10.8 Betti Smith U11G Portsmouth 09/09/2017 ***PB first time at this event, Betti broke Lucy Godfrey's 2001 CR***

11.6 Ben Primrose U11B Portsmouth 09/09/2017 *PB by 0.2s*

12.1 Layla Powis U11G Portsmouth 09/09/2017 *PB by 0.4s*

12.1 Reuben Duggan U11B Portsmouth 09/09/2017 *PB by 0.6s*

13.4 John Bream U11B Portsmouth 09/09/2017 *PB by 0.2s*

13.4 Ashley Byrne U11B Portsmouth 09/09/2017 ***PB by 1s***

100m

13.1 Ruby Dale U15G Portsmouth 09/09/2017 *PB by 0.1s G3*

14.4 James Kelly U15B Portsmouth 09/09/2017 *PB by 0.4s*

14.6 Oliver Byrne U15B Portsmouth 09/09/2017 *PB by 0.4s*

150m

22.2 Betti Smith U11G Portsmouth 09/09/2017 ***PB first time at this event, Betti broke Brooke Turner's 2014 CR***

23.4 Onjuro Sumba U11B Portsmouth 09/09/2017 *PB first time at this event*

28.4 John Bream U11B Portsmouth 09/09/2017 *PB first time at this event*

200m

24.9 Kieran Flynn U17M Portsmouth 19/08/2017 *PB by 0.1s*

24.7 Kieran Flynn U17M Portsmouth 09/09/2017 *PB by 0.2s*

27.8 Ruby Dale U15G Portsmouth 09/09/2017 *PB by 0.2s G4*

400m

57.3 Rhys Fitzgerald U17M Portsmouth 19/08/2017 *PB first time at this event*

600m

1:58.3 Onjuro Sumba U11B Portsmouth 09/09/2017 *PB first time at this event*

1:58.4 Ben Primrose U11B Portsmouth 09/09/2017 ***PB by 5.7s***

2:08.6 George Keegan U11B Portsmouth 09/09/2017 *PB first time at this event*

2:31.1 Ashley Byrne U11B Portsmouth 09/09/2017 *PB by 4.4s*

800m

2:39.1 Oliver Byrne U13B Portsmouth 09/09/2017 *PB by 2.8s*

1000m

3:20.1 Joe Wiggins U15B Portsmouth 09/09/2017 ***PB by 51.9s***

3:35.9 Grace Anstey U13G Portsmouth 09/09/2017 *PB first time at this event*

1500m

4:45.7 Lee Mawson M35 Portsmouth 19/08/2017 *PB by 5.9s*

5:01.2 Rhys Fitzgerald U17M Portsmouth 19/08/2017 *PB by 7.7s*

5:26.6 Harry Hooper U17M Portsmouth 19/08/2017 *PB first time at this event*

110m Hurdles

18.5 Manuel Diaz Brito SM Portsmouth 19/08/2017 *PB by 0.1s*

Long Jump

5.97 Manuel Diaz Brito Portsmouth 09/09/2017 *PB by 6cm*
3.78 Ben Primrose U11B Portsmouth 09/09/2017 *PB by 53cm*
3.43 Sam Farrugia U15B Portsmouth 09/09/2017 *PB first time at this event*
3.34 Reuben Duggan U11B Portsmouth 09/09/2017 *PB by 64cm*
3.25 George Keegan U11B Portsmouth 09/09/2017 *PB first time at this event*
2.95 Layla Powis U11G Portsmouth 09/09/2017 *PB by 10cm*
2.85 Harriet Moore U13G Portsmouth 09/09/2017 *PB by 18cm*

High Jump

1.45 Ruby Dale U15G Woking 03/09/2017 *PB by 5cm*

Shot

8.77 James Kelly U15B Portsmouth 09/09/2017 *PB by 1.22m*
8.73 Callum Taylor U15B Portsmouth 09/09/2017 *PB by 14cm*
6.08 Matilda Moore U15G Portsmouth 09/09/2017 *PB by 20cm*

Discus

33.72 Josh Kelly SM Portsmouth 19/08/2017 *PB by 63cm*
34.17 Josh Kelly SM Bournemouth 10/09/2017 *PB by 45cm*

Hammer

36.68 Alex Fitzpatrick SM Portsmouth 19/08/2017 *PB by 1.40m*
13.44 Dave Symmonds M50 Portsmouth 09/09/2017 *PB first time at this event*

Javelin

32.19 Manuel Diaz Brito SM Portsmouth 19/08/2017 *PB first time at this event*
39.01 Callum Taylor U15B Worthing 03/09/2017 *PB by 4.19m Callum extended his own CR by the same amount*
33.64 Manuel Diaz Brito SM Portsmouth 09/09/2017 *PB by 1.12m*

5K Park Run

19:59 Oliver Byrne U13B Portsmouth 17/09/2017 *PB by 1m 41s*
22:51 Robbie Moore U13B Portsmouth 17/09/2017 *PB first time at this event*

GRADED PERFORMANCES

Grade 1

Grade 2

1 Josh Kelly

Grade 3

9 Josh Kelly
3 Callum Taylor
2 Matt Gordon
2 Ruby Dale
1 Corin Bearpark
1 Emily Dunkley
1 Wallis Canning
1 Ewan Maxwell

Grade 4 (U13/U15/U17 only)

12 Callum Taylor

9 Emily Dunkley
7 Ruby Dale
3 Ewan Maxwell
2 Samuel Thompson
1 Amanda Rees-Frometa
1 Grace Anstey
1 Brooke Turner

PBs in 2017

16 Manuel Diaz Brito
15 Joseph Wiggins
15 James Kelly
13 Callum Taylor
12 Oliver Byrne
11 David Evans
11 Kieran Flynn

10 Ellie Dominy
10 Rhys Fitzgerald
10 Grace Anstey
10 Josh Kelly
8 Mark Byrne
8 Ben Primrose
8 Matilda Moore
7 Emily Dunkley
7 Isy Roberts
7 Ewan Maxwell
7 Layla Powis
6 Luke Briggs
6 Oliver Young
6 Shai Pavey
6 Wilfred Moore
6 Eleanor Duggan
6 Ruby Dale
5 Emily Hedges
5 Joel Williams
5 Elizabeth Prinsep
5 Amelia Young
5 Ashley Byrne
5 Harriet Moore
4 Daisy Dunsmore
4 Lucy Saunders
4 Scarlett Patton
4 Maddie Duggan
4 Adam Hedges
4 Dean Pocock
4 Brooklyn Brown
4 Henry Amoni
4 Amanda Rees-Frometa
4 Emma McQuiston
4 Owen McQuiston
4 Samuel Thompson
4 Brooke Turner
4 John Bream
4 Reuben Duggan
3 Mark Temple
3 Tom Hunter
3 Tyler Stephenson
3 Rhys Banville
3 Edward Hedges
3 Billy Chapman

3 Freya Farrow
3 Heidi Woolmer
3 Madeline Codling
3 Alice Rorke
3 Claire Thompson
3 Katrine Hedges
3 Michelle Byrne
3 Evie Cassap
3 Beth Sherrell
3 Harriet Burr
3 Neil Eames
3 Lee Mawson
3 Samuel Farrugia
2 Isabelle Cassap
2 Johnny Farrow
2 Ella Thompson
2 Carla Bream
2 Charlie Amoni
2 Amanda Godfrey
2 Steve Squires
2 Megan Newton
2 Matt Gordon
2 Vicki Spencer
2 Di Byrne
2 Betti Smith
2 Onjuro Sumba
2 Dave Symmonds
2 George Keegan
1 Frank Blackwell
1 Benjamin Barron
1 Anthony Burr
1 Annika Loh
1 Kathryn Simpson
1 Matthew Hammond
1 Tom Pocock
1 Priya Smith
1 Amelia Young
1 Sue Dewar
1 Lauren Mitchinson
1 Alice Reynolds
1 Kelly Andrews
1 Nathan Winter-Page
1 Mike Harper
1 Paul Hillyard

1 Ophelia Matthias
1 Justine Bacon
1 Elizabeth Steward
1 Wallis Canning
1 Malcolm Lavery
1 Jon Plomer
1 Joy Wright
1 Justine Bacon
1 Alex Fitzpatrick
1 Harry Hooper
1 Robbie Moore